

Shri Shivaji Education Society, Amravati's
DHANWATE NATIONAL COLLEGE, NAGPUR
 Department of Physical Education & Sports
Annual Reports 2023-24

Presenting the report of the Department of Physical Education and Sports, I am very proud that almost all the sports facilities have been created in our college. These facilities are being availed by the players of the college as well as other members of the society. Along with sports facilities, various programs and competitions are organized. Therefore, many sports persons of the college get medals and championships by performing well in state, national and inter-university competitions. This is a detailed report about sports facilities, training, participation and performance in competitions, organization of competitions as follows.

Dr. Panjabrao Deshmukh Sports Scholarship: Keeping in mind the bright tradition of the college in the field of sports, with the noble aim of providing further encouragement to the sportsmen and producing international level athletes, Dr. Panjabrao Deshmukh Sports Scholarship was considered. But since this year is the Centenary Silver Jubilee year of Bhausaheb Deshmukh, it has been decided to award the Dr Panjabrao Deshmukh Sports Scholarship to the best sportsman from this year onwards. The form of this scholarship will be Rs.10000/- in cash and certificate of honer.

Infrastructure & Sports Facilities in the College: Under **Dr. Panjabrao Deshmukh Sports Academy** we provide following sports facilities for college students & others:

Indoor Sports Activities: -

Activity No. 1: Modern Fitness Centre:

The College has a modern gym with all the equipment from treadmill, cross-trainer, various types of machines and barbell sets, etc. More than 300 trainees including college students, athletes and youth from outside also make best use of this gym in the morning and evening. The revenue generated through the gym provides employment and pays honorarium to 3-4 instructors.



Modern well equipped Gym

Activity No. 2: Badminton Academy - Started in May 2016 for the benefit of students undergoing regular training and with the aim of producing international players. More than 250 students from inside and outside the college avail benefits from our coaching center. After practicing for past few years, the players now participate in various competitions and most of them are performing well in state and national competitions. Apart from this the morning session benefits doctors, engineers, lawyers, CAs and other professionals.



Badminton Hall- 4 Hoowa court

Activity No. 3: Table tennis: For the past four years, the college has been providing regular table tennis training to students and players. The center is run with the help of Nagpur District Table Tennis Association. Mr. Kanetkar is working as a trainer at this place. Regularly 10 to 15 players come to practice and do well and participate in various competitions.



Table Tennis coaching

Activity No. 4: Chess Coaching Center: The training center is run in collaboration with the Nagpur District Chess Association to provide regular training to the students of the college and outside players. Many athletes participate in this center every day. Also, the district organization organizes various competitions.

MoU between Nagpur District Chess Association & Dhanwate National College, Nagpur.



Chess Coaching Center

Activity No. 5 : Gymnastics – We have been running Shivaji Gymnastics Club for the past eight years under the guidance of National level Gymnast Mr. Mayuresh Shirshikar & Manthan Bhalavi. Under this club school children are trained throughout the year and we even provide completely free training to the poor students from the underprivileged background. Our club runs regularly throughout the year, with around 50-60 practicing daily. Due to this, many of our club players compete in state and national competitions.



Gymnastics Coaching

Activity No. 6: Softball coaching Center - Softball coaching has been going on at the college grounds for the past fourteen years in association with the District Softball Association. Many students from different schools and colleges come for training every day. These players are trained by Mr. Chetan Mahadik and other international level players. Many athletes trained here have performed well by participating in state, national and international competitions.



Softball coaching Center

Activity No. 7: Football Academy - A football academy is run for those who love football among other sports. 40-50 players come for regular practice in the academy every day from 5 to 7 pm. Dr. Ramesh Mandal and Mr. Ajay Kanojia who has been a national football player offer their services to train them. The coaches are remunerated generating self-employment out of this.



Football Academy

Activity No. 8: Cricket ground with Turf Wicket: The college has its own cricket ground at Vasant Nagar (16622.4 sq. m.) with turf wicket. A cricket club for sportsmen is being run here for many years and hundreds of students are benefiting from it. Also, the ground is made available for organizing various competitions of the University, District Sports Officer and others. Many of our field players have participated in Inter University, VCA U/19, U/23 and Ranji Trophy tournaments.



Cricket Ground with turf wicket

Other outdoor sports Facilities: Basketball Court, Football ground with Flood Light and Volleyball, Korfball, Netball, Kabaddi, Kho-Kho grounds are well maintained for regular practice.

We provide various equipment's, Uniforms, Shoes, concession for outstation tournament, refreshment and daily allowances during tournaments. College bears the cost of university blazer for player who gets selected for the first time in any game in the University team.

Participation in Various Sports Competitions:

College teams participated in university and other intercollegiate tournaments:

a) Nagpur University Inter-collegiate tournament: Total 26 Men & 22 Women College teams participated (total 198 boys & girls' students) in university tournament i.e., Athletics, Cross-Country, Netball, Softball, Baseball, Kabaddi, Kho-kho, Judo, Korfball (Men and Women) Basketball, Badminton, Ball-Badminton, Boxing, Cricket, Chess, Table Tennis, Volleyball, Taykando, Power-Lifting, Yogasana, Speak-Takraw, Swimming etc. in Men section.

b) Other Tournament: Our college teams participated in Dr. Panjabrao Deshmukh Krida Mahotsava 2023 - Kabaddi, Volleyball, Korfball (Men & Women), Basketball, Football, Badminton, Chess, and Cricket (Men). Sindhu Mv. Run-Neeti Tournament, etc.

Achievements:

We try to train our players at least one month before the respective sports and games so that they are better prepared to earn name and fame for themselves as well as for the college. Due to this, this year also our various college teams were able to win titles in university and other competitions. Also, many players from our college were selected in the university team for the inter-university competition. We are proud that these athletes represented Rashtrasant Tukdoji Maharaj Nagpur University in the West Zone and All India Inter-University competitions and performed well. Apart from this, many athletes participated in state and national competitions and performed well.

Team Championships-	Individual performance
University Championship - 3	International –01 player, Khelo India -01
Other Championship - 3	National –18 players
Runners up - 6	All India & west zone Inter-varsity(<u>Color Holders</u>) – 64,
Third Place – 8	All India Inter-university Medal Winner 03

Championships 2023-24




Cricket Team University & Udaghoash Champion : Aman Mokhade Satyam Bhojar, Hardik Nakhate, P.V.Saivedanth, Ketan Hukre, Chaitanya Podalliwar, Harsh Shankpal, Mohit Nakhate, Bhargav Barde, Kaustubh Salve, Aryan Mehram, RickySharma, AniketAskar, Sarvesh Nerkar, Ashvin Sharma, Om Yadav, Swayam Chauhan.



Basketball Udghosh Championship & University 2nd
Aditya Rakshit, Sarang Umathe, Tanuk Gurmule, Tushar Damle, Tejisvi Bisen, Aman Titarmare, Deepak TAnti, Harsh Zod & Onkar.



Rugby Women University Champion : *Isha Choudhari, Khushabu Bangale. Aishwarya Thakare, Shruti Nighot, Riya Singh, Shradha Dhurve, Anushaka Thakare, Sweta Sathe*



Floor-ball Women University Champion & Men 3rd
Place : *Vaishnavi Giri, Isha Choudhari, Sejal Mirase, Maheshwari Makhare, Roshani Iyer, Mayank Gaikwad, Tushar Vairagade, Yash Tank, Anshul Manwatkar, Nilesh Sakharkar, Adhitya Chedge, Piyush Choudhari, Atharv,*



Korfball Runners up in University & Krida Mahotsava
Tushar Vairagade, Yash Tank, Anshul Manwatkar, Mayank Gaikwad, Nilesh Sakharkar, Sejal Mirase, Vanshika Sahare, Khushali Mashram, Maheshwari Makhare, Roshani Iyer,



Kho-Kho men University 3rd Place Team : *Chirag Meshram, Saurabh Randive, Chetan Donadkar, Aayudhan PAI, Utkarsh Rangari, Sagar Patil, Mayur Tekade, Mahesh Dhadase, Kunal Sandokar & Mohit Madavi*



Yogasana Men Team Runners up in University
Om Rakhade, Anuj Irpate, Chetan Donadkar, Adesh Marape, Satvik Tumsare & Varun Kale



Mionigolf Medal Winner Team : *Kartik Parasmode, Gagan Patle, Durgesh Mendhe, Dipanshu Mishra, Prathmesh Barahate, Anurag Satav, Ratna Uilke, Shruti Bhopache, Shrushti Meshram, Takshshila Dhurandhar*



Ku Kanchan Dubey of Dhanwate National College won the **gold medal** representing the Maharashtra Mini Golf team in the **37th National Games** held at Panaji.

	
<p>Mr. Hrutik Mudliyar B.Com.I, Gold in State, National & Inter-University Karate Championship.</p>	<p>Mr. Om Rakhde B.Com. II, excellent performance in the Khelo India Yogasana competition, won the Gold medal.</p>

Best Practices of department:

a) Summer Coaching Camp : We organize the summer coaching camp for different games for the school & college students to create awareness of sports among them, developing the skill & advancing the knowledge of games. This year the coaching camp was held between April 15 to June 15, 2024. The expert coaches gave the advance coaching to the students. We invited reputed coaches of respective games to train our students. Football coaching was given under Dr. Ramesh Mandal, Ajay Kanojiya, Softball - Mr. Chetan Mahadik, Mr. Sudhanshu Shriwas, Basketball - Mr. Jayant Jichkar, Gymnastics - Mr. Mayuresh Shirshikar & Mr. Manthan Bhalavi, Table Tennis - Mr. Deepak Kanetkar, Badminton - Mr. Kunal Dasalwar, Chess - Mr. Pravin Pantawane than 200 students from various Schools & Colleges participated & availed benefits of this camp.

b) Organised Dr. Panjabrao Deshmukh Krida Mahotsava: 2023: (A special report attached)

ACTIVITIES ORGANISED / CONDUCTED :

International Yoga Day: Dept. of Physical Education and Sport, Dhanwate National College, Nagpur Organizes International Yoga Day on Monday, June 21, 2023, 7.00 a.m. at Basketball Ground. In the beginning, Principal Dr. O. S. Deshmukh extended greetings on the occasion of International Yoga Day. After this Dr. Devendra Wankhade started his yoga practice with Sushma Vyramya. At the beginning, sitting, lying on the stomach, lying on the back and standing four by four, the national player gave an excellent performance and won over all those present. Finally, the yoga practice ended with Pranayama and Shantipatha. All the teachers and non-teaching staff of the college attended this program.

National Sports Day: On August 29, 2023, the birthday of legend of Indian hockey Major Dhyan Chand i.e. National Sports Day program was organized in the college. Senior sports journalist and national athlete Mr. Naresh Shelke was the keynote speaker for this event. Shri Naresh Shelke highlighted the life of Major Dhyan Chand in his speech. Principal Dr. Omaraj Deshmukh presided over the function. Players, students & teachers of the college attended the event. The program was moderated by Dr. Devendra Wankhade and vote of thanks was given by Dr. Subhash Dadhe.



One Day National Conference : On the occasion of Dr. Panjabrao Deshmukh Centenary Silver Jubilee Year, on 19th December 2023, a national conference was organized jointly with NUPETA and other Colleges on the topic of “National Conference on Role of Physical Education in Context of National Education Policy: Challenges, Scope & Opportunities”. The conference was inaugurated by Vice-Chancellor Dr. Subhash Chaudhary and presided over by Dr. Vijay Dhote -

President NUPETA and in the presence of Dr. Omraj Deshmukh and other principals. Principal of Indira Gandhi National College of Physiccal Education, Delhi Dr. Sandeep Tiwari presented the key



note address. In the second session, Dr. Avinash Asnare, Director, Department of Sports & Phy. Edu., Sant Gadge Baba University, Amravati

presented his thoughts on the National Education Policy. Discussions and paper presentations were held on various topics throughout the day. Along with this, presentation was made through poster presentation. The concluding program was concluded in the presence of the inter-faculty dean Dr. Prashant Kadu. On this occasion, colleagues who retired from the field of physical education and colleagues who were newly appointed as principals were felicitated. Also, the participating delegates who won first, second and third place in poster presentation were felicitated. A total of 200 delegates participated in this national conference.

Cestoball State Level Tournament : Dr. Panjabrao Deshmukh Centenary Silver Jubilee Festival Cestoball State Level Tournament was organized from November 24-26, 2023. The competition was



inaugurated under the chairmanship of Shri Hemantbhou Kalmegh, executive member of Shri Shivaji Education Society, in the presence of MLA Abhijeet Vanjari and Dr Mahendra Dhore, Principal Shivaji Science College, Dr O. S. Deshmukh, Principal Dhanwate National College Nagpur.

The prize distribution ceremony was held under the chairmanship of Mr. Hemantbhou Kalmegh, executive member of the organization and under the auspices of MLA Mr. Vikas Thakre. On this occasion Dr.

Mahendra Dhore, Principal Shivaji Science College, Principal Dr. O. S. Deshmukh, Head of Department Dr. Devendra Wankhade, Head of Competition Dr. Vandana Ingle, Prof. Jayant Jichkar were present. A total of 20 teams participated in the competition.

Dr. Panjabrao Deshmukh Centenary Silver Jubilee Festival Dr. Panjabrao Deshmukh 3 x 3 Basketball Tournament was organized on December 9-10, 2023. The competition was inaugurated

by the Principal of the College, Dr. O. S. Deshmukh and Dr. Mahendra Dhore, Principal, Shivaji Science College. 24 teams from various colleges and clubs participated in this competition. The prize distribution of the competition was held on December 10, 2023 by the Principal of the College Dr. O. S. Deshmukh, Head of Department Dr. Devendra Wankhade, Dr. Subhash Dadhe, Prof. Jayant Jichkar were present on the occasion 1st, 2nd and 3rd place teams will get cash of Rs. 3000, 2000 and 1000 cups were awarded.



Annual Sports Festival : An annual sports festival was organized from 22nd to 24th December 2023 to mark Dr. Punjabrao Deshmukh Centenary Silver Jubilee Festival. In this, 100 meters running, shot put, log jump, cricket, basketball, korfbal, tug of war, volleyball, chess competitions

were organized. The annual sports meet was inaugurated by Dr. O. S. Deshmukh, Principal of the college by garlanding the statue of Dr. Panjabrao Deshmukh. On the occasion of the inauguration, mainly Vice Principal Dr. Bharti Khapekar, NAAC Coordinator Dr. K.D. Meghe, HoD Dr. Devendra Wankhade, Mr. Jayant Jichkar and all faculty members and a large number of students were present.



The program was moderated by Dr. Vandana Ingle and vote of thanks was given by Dr. S.S. Dadhe. All the winning players who completed the three days were felicitated

with prizes and certificates in the annual prize distribution programme.

Rugby Skills Workshop : On January 16, 2024, a one-day Rugby Skills Workshop was organized at the Dhanwate National College playground. The workshop was inaugurated by the principal of the college, Dr. O. S. Deshmukh. The workshop was conducted by national player and state coach Mr. Amar Bhandarwar Joint Secretary and Mr. Nehal Dange Treasurer, Nagpur District Rugby Association, National players Ishika Motghare, Akshata Dange. On this occasion, Department Head Dr. Devendra Wankhade, Workshop Coordinator Dr. Vandana Ingle, Workshop Co-Coordinator Dr. Subhash Dadhe, Prof. Jayant Jichkar were present. A total of 60 players from the college participated in this skill workshop.



Baseball Skills Workshop for Students: A one-day baseball game skills workshop was organized on 24th January 2024 at the college playground. The workshop was inaugurated by the principal of the college, Dr.O.S.Deshmukh. The workshop was conducted by Mr. Chetan Mahadik, an inter-national player and state coach. In this workshop, the players were given information on new skills, game techniques and match tactics and were demonstrated by the players. On this occasion, workshop coordinator and department head Dr. Devendra Wankhade, Dr. Vandana Ingle, Dr. Subhash Dadhe, Prof. Jayant Jichkar were present. A total of 45 players participated in this skill workshop.



Conducted Maharashtra Rugby Team Coaching Camp for National Game: The Maharashtra Rugby team Team coaching Camp was held at the college playground from October 9-21, 2023. The camp was inaugurated by the principal of the college, Dr.O.S. Deshmukh. On this occasion, Coach Mr. Minal Pasha, coaching Camp Coordinator Dr. Vandana Ingale & Dr. Subhash Dadhe were mainly present. Both the teams participated in the 37th National Games held at Panaji from the training camp held in the college.



Rashtrant Tukdoji Maharaj Nagpur University Tournaments Conducted :

1. **All India Vice Chancellor's t-20 Cricket Tournament 2023-24:** All India Inter University Staff Cricket Tournament organized by Rashtrant Tukdoji Maharaj Nagpur University was also

organized at the college's playground at Vasant Nagar. These competitions were held from Dec.26, 2023 to Jan.6, 2024.

2. **To Conducted University Inter-collegiate Cricket Competition** : Rashtasant Tukdoji Maharaj Nagpur University's Department of Physical Education and Sports organized the Inter-College Cricket Tournament at the College's Cricket Ground at Vasant Nagar. 23 teams from A and C zones participated in the tournament, while the quarter, semi-final and final matches were held at the college stadium. In the final match of the tournament, the Dhanwate National College team defeated the A. G. College team and won the university championship. Prize distribution was concluded immediately after the final match. Cups were awarded to the winning and runner-up teams.



3. **To Conduct the RTMNU Kabaddi Men inter collegiate Tournament** : The Inter-College Kabaddi Boys Zone D Tournament was inaugurated on 21st October 2023 at the college ground by Principal Dr OS Deshmukh. Department Head Dr. Devendra Wankhade, Competition Head Dr. Subhash Dadhe, Dr. Vandana Ingle, Prof. Jayant Jichkar were present on this occasion. A total of 20 teams participated in this competition.



4. **To Conduct the RTMNU Badminton (Men) inter collegiate Tournament** : The University Inter-Collegiate Badminton Men's Tournament was inaugurated by the Vice Principal of the College Dr Bharti Khapekar on November 4, 2023 at the Indoor Stadium of the College. 102 teams from four zones participated in this three-day competition. The final match was played between Hislop College and Ramdev Baba College on November 6, 24 in the evening. Immediately after this, the prize distribution was done by Dr. Sharad Suryavanshi, Director, Department of Physical Education, Nagpur University. On this occasion Dr. Nitin Jangitwar board member, Dr. Ambatkar, Prof. Jayant Jichkar, Prof. Nitin Chopde, Dr. Deepak Borkar etc. were mainly present. On this occasion, the first, second and third ranked teams were honored with Trophy's.



5. **To Conduct the RTMNU Netball Men & Women Championship** : Between February 25-27, 2024, University Inter-College Netball Men's and Women's Tournaments were organized at the College Grounds. The competition was inaugurated by the principal of the college, Dr. O.S. Deshmukh. 25 men's teams and 15 women's teams participated in the tournament. The final matches of the three-day tournament were played on February 27, 2024. Prize distribution was concluded immediately after the final match. Trophys were awarded to the winning and runner-up teams. Dr. B.S. Pawar, Dr. Anmol Gandhe, Prof. Jayant Jichkar, Dr. Dinesh Kimta, Dr. Narad etc. were mainly present on this occasion.



6. **To Conduct the RTMNU Volleyball Men inter collegiate Tournament :** The Inter-college Volleyball Boys Zone B tournament was inaugurated on November 4, 2023 at the college ground by Principal Dr. O.S. Deshmukh. On this occasion, Dr. Bablu Srigririwar, AG College and Dr. D.C.Wankhade, competition chief Dr. Subhash Dadhe, Dr. Vandana Ingle, Prof. Jayant Jichkar were present. A total of 13 teams participated in this tournament.



7. **To Conduct the RTMNU Rugby-Men & Women inter collegiate Tournament:** On January 8, 2024, the men's competition was inaugurated by the principal of the college, Dr OS Deshmukh. The girls' inter-college rugby competition, which started on January 10, 2024, was inaugurated by Dr. Mahendra Dhore, Principal, Shivaji Science College and Dr. Swarnalata Warke in the lead presence. Total boys team and girls team participated in this competition.



8. **To Conduct the RTMNU Korfball Championship :** Between February 18-19,2024, the Inter-College Korfball Tournament was held at the college playground. The competition was inaugurated by the principal of the college, Dr. O.S. Deshmukh. A total of 20 teams from various colleges participated in this competition. Prize distribution of the competition was done by Principal Dr. O.S.Deshmukh and Mr. Satish Dandare. On this occasion, Head of Department Dr. Devendra Wankhade, Head of Competition Dr. Vandana Ingle, Dr. Subhash Dadhe, Prof. Jayant Jichkar were present.



9. **University Hockey team Coaching Camp:** The hockey coaching camp of the university men's and women's teams was organized at the college playground from January 3-10, 2024. The camp was inaugurated by the principal of the college, Dr O.S. Deshmukh. On this occasion, Head of Sports Department, Dr. Devendra Wankhade, Training Camp Coordinator, Dr. Vandana Ingle, Dr. Subhash Dadhe, Dr. Harish Mohite, Prof. Jayant Jichkar, were mainly present.
10. **University Rugby Team Coaching Camp:** The Varsity Rugby Men's and Women's team coaching camp was held at the college playground from January 10-16, 2024. The camp was inaugurated by the principal of the college, Dr. O.S. Deshmukh. On this occasion, HoD - Sports Dr. Devendra Wankhade, Training Camp Coordinator, Dr. Vandana Ingle, Dr. Subhash Dadhe, Prof. Jayant Jichkar, were mainly present. 45 - 45 male & female players participated in this camp.
11. **University Korfball Team Coaching Camp:** The Varsity Korfball Team coaching Camp was held at the college playground from February 23-27, 2024. The camp was inaugurated by the principal of the college, Dr. O.S. Deshmukh. On this occasion, Head of Sports Department, Dr. Devendra Wankhade, Training Camp Coordinator, Dr. Vandana Ingle, Dr. Subhash Dadhe, Prof. Jayant Jichkar, were mainly present.

Medical Examination: As per University Ordinance every year our department conducts the Medical Examination & Physical Efficiency Test for the college Students (under graduate). This year medical examination was held on March 11 to 20, 2024, under medical officer Dr. Avinash Gawande, Dr. Anil Chiwhane, Dr. Archana Gawande & Dr. Ashwani Sarode.

Physical efficiency test: Physical efficiency test was conducted from February 22 to 29, 2024 as per University Ordinance. Dr. R.Y. Deshmukh and Dr. Lalita Punia were called as external examiners for this examination. Statistical reports of this test were submitted to R.T.M. Nagpur University, Nagpur.

Overall, I express my gratitude to the honorable President and executive of the organization under whose guidance and cooperation all these facilities were created. Also, the guidance and cooperation of the principal of the college is very important, due to which all this is possible, besides this, we thank our colleagues Dr. Vandana Ingle, Dr. Subhash Dadhe and Prof. Jayant Jichkar and the cooperation of all the teaching and non-teaching staff of the college is also important. Also, I express my heartfelt thanks to all the players for their hard work and participation which makes all these achievements possible.

Detail of Team performance are as follows 2023-24

Sr.No	Game	Section	Tournament	Position
1	Cricket	Men	R. T. M. Nagpur University	Championship
2	Cricket	Men	UDGHOSH	Championship
3	Floor ball	Women	R. T. M. Nagpur University	Championship
4	Rugby	Women	R. T. M. Nagpur University	Championship
5	Korfball	Men-women	R. T. M. Nagpur University	Championship
6	Basketball	Men	UDGHOSH	Championship
7	Basketball	Men	R.T.M.Nagpur University	Runners Up
8	Basketball	Men	Dr. Panjabrao Deshmukh Krida Mahotsava	Runners Up
10	Korfball	Men-women	Dr. Panjabrao Deshmukh Krida Mahotsava	Runners Up
11	Yogasana	Men	R. T. M. Nagpur University	Runners Up
12	Hockey	Women	R. T. M. Nagpur University	Runners Up
13	Baseball	Men	R. T. M. Nagpur University	Runners Up
14	Badminton	Men	R. T. M. Nagpur University	Third Place
15	Badminton	Men	Dr. Panjabrao Deshmukh Krida Mahotsava	Third Place
16	Floor ball	Men	R. T. M. Nagpur University	Third Place
17	Netball	Women	R. T. M. Nagpur University	Third Place
18	Kho-Kho	Men	R. T. M. Nagpur University	Third Place
19	Atya-Patya	Men	R. T. M. Nagpur University	Third Place
21	Football	Men	Dr. Panjabrao Deshmukh Krida Mahotsava	Third Place

Devendra C. Wankhade
Head

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